SPARC APRIL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPARC IS CLOSED! HAPPY EASTER!	2 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 Futsal 4:15-6:15pm- HHS Softball 6:30-8:30pm- Adult Ultimate	3 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:30-8:30pm- Adult Dodgeball	4 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 nd Futsal 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	5 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:00-8:00pm- Women's B-ball	6 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 3:00-4:00- Youth Yoga and Movement 4:30-5:30- Senior Yoga 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	7 9:00-10:00am- Walk w/ a Doc 10:00-12:00pm- Play Group *1:00-2:30pm- Special Olympics 4:30-6:30pm-Adult Ultimate
8 10:30-12:30pm- Pickleball *12:30-2:00pn- Open Gym 2:00-4:00pm- Homer Little League 4:30-6:00pm- SIRENS Women's Futsal 6:30-8:30pm- Adult Futsal	9 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 Futsal 4:15-6:15pm- HHS Softball 6:30-8:30pm- Adult Ultimate	10 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:30-8:30pm- Adult Dodgeball	11 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 nd Futsal 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	12 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:00-8:00pm- Women's B-ball	13 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 3:00-4:00- Youth Yoga and Movement 4:30-5:30- Senior Yoga 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	14 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 4:30-6:30pm-Adult Ultimate
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22 10:30-12:30pm- Pickleball *12:30-2:00pn- Open Gym 2:00-4:00pm- Homer Little League 4:30-6:00pm- SIRENS Women's Futsal 6:30-8:30pm- Adult Futsal	23 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 Futsal 4:15-6:15pm- HHS Softball 6:30-8:30pm- Adult Ultimate	24 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:30-8:30pm- Adult Dodgeball	25 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 nd Futsal 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	26 8:00-10:00am- Walk/Run 10:30-12:30pm- Pickleball 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:00-8:00pm- Women's B-ball	27 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 3:00-4:00- Youth Yoga and Movement 4:30-5:30- Senior Yoga 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	28 8:00-10:00am- Walk/Run 10:00-12:00pm- Play Group 4:30-6:30pm-Adult Ultimate *6:30-8:30pm- Women's Roller Derby Meet Up and Skate
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For additional information contact SPARC at 907-299-5115, visit our website at sparchomer.org, or check us out on facebook!

* New Class or schedule change

Futsal (Indoor Soccer)

Futsal is an exciting, fast paced game of indoor soccer. It is a FIFA recognized sport and one of the fastest growing in popularity around the world! Come learn the game and hone your footwork skills. SPARC has a regulation sized pitch (court) and is welcome to players of all ages. Whether you're a newcomer, or a seasoned footballer, SPARC has a place for you! Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

K-2nd Grade: MON/WED 2:45pm-3:45pm 3rd-6th Grade: TUE/THUR 3pm-4pm 7th/8th Grade: TUE/THUR 4pm-5:30pm

High School+Adult: SUN 6:30pm-8:30pm WED&FRI 7pm-9pm.

Open Gym

Come play soccer, shoot hoops, toss a ball around, and just be active. This is your time to do what you'd like in an open environment. Open to all ages. Check the calendar, because open gym times frequently change. Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

Open Gym times are currently 5:30pm-7pm on WED&FRI. *New Time: 12:30-2:00pm on SUN.

Sirens Women's Soccer

Homer's very own women's soccer team will be practicing on SUN from 4:30pm-6:00pm. It is open to all women 15+. Time to dust off those flats and come kick some balls around! Cost is \$5.00 for adults, and \$3.00 for youth(under 18)/students and seniors. Beginners are welcome and encouraged. Coached by Adam Diaz.

Ultimate Frisbee

Ultimate! Come join the fun and toss some discs! We will play with official indoor 5v5 rules. Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors. Adult Ultimate (Ages 14+): MON 6:30pm-8:30pm & SAT 4:30-6:30pm.

Dodgeball

Who doesn't love to throw balls at one another!?! Come play the classic game of dodgeball with our soft rhino skin balls and see who is the last one standing. Costs are \$5.00 for adults and \$3.00 for youth/students (Ages 14+). Every TUE 6:30pm-8:30pm.

Walk/Run

This is an open time to come walk or run indoors and not have to worry about the snowy/icy conditions outside. We will have background music playing over the speakers. Come get your stroll on and request your favorite song! We now have more walk/run times available! Open to Individuals of all ages. Cost is \$3.00 per session.

MON-SAT 8am-10am MON/WED/FRI-12pm-2pm

Parent/Child Play Group

This is an open play group for parents and guardians to bring their young ones (Birth-5 years) to a great big open space and let them run around and play. Bring your own toys, bikes or play with what SPARC has provided.

MON/WED/FRI/SAT from 10am-12pm. Cost is \$5.00 for parents and child plus \$1.00 for each additional child.

Walk with a Doc

South Peninsula Hospital is now hosting Walk With a Doc on the first and third Saturday of every month. Every session will be a different host doctor, and a different topic of discussion. Come join the fun and walk with your community and your health care professionals. This is a free event. April Walks- Apr. 7th & 21st.

Beginning Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles to hit a gamma ball over a net. Never played before? No problem! For all ages and all levels! Every SUN/TUE&THUR from 10:30am-12:30pm. Cost is \$5.00 for adults, and \$3.00 for youth(under 18)/students and seniors.

Youth Yoga and Movement

A fun introduction to beginning yoga poses incorporating games, music, and movement. Bring a mat if you have one, but there will be some provided. Wear comfortable clothing. Open to all elementary ages K-6. Cost is \$3 per session. FRIDAY 3:00-4:00pm. Instructor- Jennifer Hankins.

Senior Yoga

A slow paced introduction to yoga focusing on poses that work around injuries and back pain. We will have props to help assist individuals in poses. Bring a mat if you have one, but we will have some available for use. Cost is \$3 per session. FRIDAY 4:30pm-5:30pm. Instructor- Jennifer Hankins.

Women's Basketball

Open time for women to play some good old fashioned 5v5 basketball! Dust off those sneakers and let's find that jump shot once again. Open to all skill levels. Bring your kids! We will have provided child supervision. Let them play while you play! Thursdays from 6pm-8pm. Costs are \$5.00 for adults and \$3.00 for youth/students. Ages- 15+.

Lil' Dribblers

We teach basic basketball skills, such as dribbling, passing, teamwork, and focus on the joy of being active. For ages 3-5 years old. A great introduction to the game of basketball. Cost is \$3 per session. TUE/THUR 1:00-2:00pm until April 12th. Coached by Hope Szymoniak.

Women's Roller Derby

SPARC is in the beginning stages of starting a Roller Derby team, and the first step is to get out and skate! For Women 18+. Derby is a contact sport, so bring protective gear if you have it: helmet, knee pads, elbow pads, and wrist guards. It's BOUT time!! No experience necessary! We're all here to learn! Costs are \$5.00 for adults. SATURDAYS 6:30-8:30pm.

Homer Little League

Sign up with Homer Little League and come practice in SPARC before the seasons begin! Every Sunday from 2-4pm. Tryouts are going to be held at SPARC as well, from April 30th to May 4th 5-7pm. Come check out the batting cage and work with knowledgeable coaches to sharpen up your game!

IF YOU ARE INTERESTED IN RENTING THE SPARC FOR YOUR PROGRAM, OR EVENT, SUCH AS BIRTHDAY PARTIES, PLEASE CONTACT 907-299-5115 OR EMAIL US AT SPARCHOMER@GMAIL.COM FOR MORE INFORMATION.