

SPARC MARCH SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00-10:00am-Walk/Run 10:30-12:30pm-Pickleball 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 7:00-8:30 Disc Golf Putting	2 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	3 9:00-10:00am- Walk w/ a Doc 10:00-12:00pm- Play Group 4:00-6:00pm -Ultimate Adult League
4 10:30-12:30pm-Pickleball 2:00-4:00pm- Homer Little League 4:30-6:00pm- SIRENS Women's Futsal 6:30-8:30pm- Adult Futsal	5 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 Futsal 4:00-6:30pm-HHS Softball 6:30-8:30pm- Adult Ultimate	6 8:00-10:00am-Walk/Run *10:30-12:30pm- Pickleball 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:30-8:30pm- Adult Dodgeball	7 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 nd Futsal 4:30-5:30pm- PeeWee Hockey 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	8 8:00-10:00am-Walk/Run 10:30-12:30pm-Pickleball 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 7:00-8:30 Disc Golf Putting	9 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run *2:00-4:00pm- Open Gym *6:00-7:00pm- PeeWee Hockey 7:00-9:00pm- Adult Futsal	10 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 4:00-6:00pm -Ultimate Adult League
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25 10:30-12:30pm-Pickleball 2:00-4:00pm- Homer Little League 4:30-6:00pm- SIRENS Women's Futsal 6:30-8:30pm- Adult Futsal	26 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 Futsal 4:00-6:30pm-HHS Softball 6:30-8:30pm- Adult Ultimate	27 8:00-10:00am-Walk/Run *10:30-12:30pm- Pickleball *1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal 6:30-8:30pm- Adult Dodgeball	28 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run 2:45-3:45pm- K-2 nd Futsal 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	29 8:00-10:00am-Walk/Run 10:30-12:30pm-Pickleball *1:00-2:00pm- Lil' Dribblers 3:00-4:00pm- 3 rd -6 th Futsal 4:00-5:30pm- 7 th -8 th Futsal *6:00-8:00pm-Women's Basketball	30 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 12:00-2:00pm- Walk/Run *3:00-4:00pm- Youth Yoga and Movement *4:30-5:30pm- Senior Yoga 5:30-7:00pm- Open Gym 7:00-9:00pm- Adult Futsal	31 8:00-10:00am-Walk/Run 10:00-12:00pm- Play Group 4:00-6:00pm -Ultimate Adult League

For additional information contact SPARC at 907-299-5115, visit our website at sparchomer.org, or check us out on facebook!

*** New Class or schedule change**

KPBSD posts flyers as a community service. Such posting does not constitute an endorsement for or against the materials and viewpoints expressed in them.

Futsal (Indoor Soccer)

Futsal is an exciting, fast paced game of indoor soccer. It is a FIFA recognized sport and one of the fastest growing in popularity around the world! Come learn the game and hone your footwork skills. SPARC has a regulation sized pitch (court) and is welcome to players of all ages. Whether you're a newcomer, or a seasoned footballer, SPARC has a place for you! Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

K-2nd Grade: MON/WED 2:45pm-3:45pm

3rd-6th Grade: TUE/THUR 3pm-4pm

7th/8th Grade: TUE/THUR 4pm-5:30pm

High School+Adult: SUN 6:30pm-8:30pm WED&FRI 7pm-9pm

Open Gym

Come play soccer, shoot hoops, toss a ball around, and just be active. This is your time to do what you'd like in an open environment. Open to all ages. Check the calendar, because open gym times frequently change. Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

Open Gym times are currently 5:30pm-7pm on WED&FRI. *Some schedule changes occur this month+additional open gym times.

Sirens Women's Soccer

Homer's very own women's soccer team will be practicing on SUN from 4:30pm-6:00pm. It is open to all women 15+. Time to dust off those flats and come kick some balls around!

Cost is \$5.00 for adults, and \$3.00 for youth(under 18)/students and seniors. Beginners are welcome and encouraged. Coached by Adam Diaz.

Ultimate Frisbee

Ultimate! Come join the fun and toss some discs! We will play with official indoor 5v5 rules. Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

Adult Ultimate (Ages 14+): MON 6:30pm-8:30pm League is on SAT from 4pm-6pm.

Dodgeball

Who doesn't love to throw balls at one another!?! Come play the classic game of dodgeball with our soft rhino skin balls and see who is the last one standing. Costs are \$5.00 for adults and \$3.00 for youth/students. Ages 15+. Every TUE 6:30pm-8:30pm.

Walk/Run

This is an open time to come walk or run indoors and not have to worry about the snowy/icy conditions outside. We will have background music playing over the speakers. Come get your stroll on and request your favorite song! We now have more walk/run times available! Open to Individuals of all ages. Cost is \$3.00 per session.

MON-SAT 8am-10am

MON/WED/FRI-12pm-2pm

WED&FRI- 5:30pm-7pm *Some changes in schedule occur this month.

Parent/Child Play Group

This is an open play group for parents and guardians to bring their young ones (Birth-5 years) to a great big open space and let them run around and play. Bring your own toys, bikes or play with what SPARC has provided.

MON/WED/FRI/SAT from 10am-12pm. Cost is \$5.00 for parents and child plus \$1.00 for each additional child.

Walk with a Doc

South Peninsula Hospital is now hosting Walk With a Doc on the first and third Saturday of every month. Every session will be a different host doctor, and a different topic of discussion. Come join the fun and walk with your community and your health care professionals. This is a free event. March Walks- Mar.3rd & 17th.

Beginning Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles to hit a gamma ball over a net. Never played before? No problem! For all ages and all levels! Every SUN/TUE&THUR from 10:30am-12:30pm. Cost is \$5.00 for adults, and \$3.00 for youth(under 18)/students and seniors.

Disc Golf Putting

Disc golf is no longer only played in the summer months! SPARC is entering the Winter Marksman League. It is a global league with a universal set of rules so you can see how you match up against competitors all over the world! Come get some practice in before the league starts on Feb. 8th! Winner of each weekly league session gets a free Dynamic DISC! THUR Evenings from 7pm-8:30pm! Cost is \$5.00 for adults per session, and \$3.00 for youth(under 18)/students and seniors.

Youth Yoga and Movement

A fun introduction to beginning yoga poses incorporating games, music, and movement. Bring a mat if you have one, but there will be some provided. Wear comfortable clothing.

Open to all elementary ages K-6. Cost is \$3 per session. Starting FRI Mar. 30th from 3:00-4:00pm. Instructor- Jennifer Hankins.

Senior Yoga

A slow paced introduction to yoga focusing on poses that work around injuries and back pain. We will have props to help assist individuals in poses. Bring a mat if you have one, but we will have some available for use. Cost is \$3 per session. Starting FRI Mar. 30th from 4:30pm-5:30pm. Instructor- Jennifer Hankins.

Women's Basketball

Open time for women to play some good old fashioned 5 on 5 basketball! Dust off those sneakers and let's find that jump shot once again. Open to all skill levels. Bring your kids! We will have provided child supervision. Let them play while you play! Starting March 29th-Thursdays from 6pm-8pm. Costs are \$5.00 for adults and \$3.00 for youth/students. Ages- 15+.

Lil' Dribblers

We teach basic basketball skills, such as dribbling, passing, teamwork, and focus on the joy of being active. For ages 3-5 years old. A great introduction to the game of basketball.

Cost is \$3 per session. Starting Mar. 20th TUE/THUR 1:00-2:00pm. Coached by Hope Szymoniak.

Corn Hole Tournament

The classic backyard game of bean bag toss. Come see how you stand up against the rest of Homer. All ages welcome to participate. Teams will consist of two players, of any age or gender. It will be a double elimination tournament. Cost is \$10 per team, and prizes will be awarded for the top three teams! Saturday, Mar. 24th from 1:00-3:00pm!

IF YOU ARE INTERESTED IN RENTING THE SPARC FOR YOUR PROGRAM, OR EVENT, SUCH AS BIRTHDAY PARTIES, PLEASE CONTACT 907-299-5115 OR EMAIL US AT SPARCHOMER@GMAIL.COM FOR MORE INFORMATION.