

SPARC AUGUST SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30-10:30am- Walk/Run 10:30-1:30pm- Open Gym	2 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball	3 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	4 9:00-10:00am- Walk w/ a Doc 6:00pm-9:00pm- Roller Skating
5 10:30-12:30pm- Pickleball	6 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	7 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball 6:00pm-8:00pm- Roller Derby	8 8:30-10:30am- Walk/Run 10:30-1:30pm- Open Gym	9 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball	10 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	11 8:30-10:30am- Walk/Run 6:00pm-9:00pm- Roller Skating
12 10:30-12:30pm- Pickleball	13 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	14 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball 6:00pm-8:00pm- Roller Derby	15 8:30-10:30am- Walk/Run 10:30-1:30pm- Open Gym	16 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball	17 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	18 8:30-10:30am- Walk/Run 6:00pm-9:00pm- Roller Skating
19 10:30-12:30pm- Pickleball	20 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	21 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball 6:00pm-8:00pm- Roller Derby	22 8:30-10:30am- Walk/Run 10:30-1:30pm- Open Gym	23 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball	24 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	25 8:30-10:30am- Walk/Run 6:00pm-9:00pm- Roller Skating
26 10:30-12:30pm- Pickleball	27 8:30-10:30am- Walk/Run 10:30am-1:30pm-Open Gym	28 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball 6:00pm-8:00pm- Roller Derby	29 8:30-10:30am- Walk/Run 10:30-1:30pm- Open Gym	30 8:30-10:30am- Walk/Run 10:30-12:30pm- Pickleball	31 8:30-10:30am- Walk/Run 10:30am-1:30pm- Open Gym	

For additional information contact SPARC at 907-299-5115, email us at sparchomer@gmail.com, visit our website at sparchomer.org, or check us out on facebook!

If you are interested in renting the facility for your program, activity or birthday party- SPARC is here for you!

Let us know what activities you would like to see come to SPARC!

Beginning Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles to hit a gamma ball over a net. Never played before? No problem! For all ages and all levels! Every SUN/TUE&THUR from 10:30am-12:30pm. Cost is \$5.00 for adults, and \$3.00 for youth (under 18)/students and seniors.

Open Gym

Come play soccer, shoot hoops, toss a ball around, and just be active. This is your time to do what you'd like in an open environment. Open to all ages. Check the calendar, because open gym times frequently change. Cost is \$5.00 for adults per session, and \$3.00 for youth (under 18)/students and seniors.

Open Gym times: SUN-1:00pm-4:00pm, MON&FRI- 10:30am-1:30pm, TUE/WED/THU- 2:00pm-5:00pm. Children under 10 years old must be accompanied by an adult.

Roller Skating

Roller skating! Lights! Music! Games! SPARC is now a roller skating rink on Saturday evenings from 6:00pm-9:00pm. We have a limited number of rental skates available or bring your own. Cost is \$6 per person and \$3 for skate rental. We also have a \$20 family rate (up to 5 members) skate rental is extra. Come join the FUN!!!

Walk/Run

This is an open time to come walk or run indoors and not have to worry about the windy/chilly conditions outside. We will have background music playing over the speakers. Come get your stroll on and request your favorite song! Open to Individuals of all ages. Cost is \$3.00 per session.

MON-SAT 8:30am-10:30am

Walk with a Doc

South Peninsula Hospital is now hosting Walk With a Doc on the first and third Saturday of every month from 9:00am-10:00am. Every session will be a different host doctor, and a different topic of discussion. Come join the fun and walk with your community and your health care professionals. This is a free event. May Walks- June 2nd & 16th.

Women's Roller Derby

SPARC is in the beginning stages of starting a Roller Derby team, and the first step is to get out and skate! For Women 18+. Derby is a contact sport, so bring protective gear if you have it: helmet, kneepads, elbow pads, and wrist guards. It's BOUT time!! No experience necessary! We're all here to learn! Costs are \$5.00 for adults. Tuesdays 6:00-8:00pm.