

NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OCT 31 HAPPY HALLOWEEN! 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers <i>(basketball - ages 5-8)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 5:30-7:15- Badminton & Disc Golf Putting <i>(14+)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	1 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup <i>(10:30-11:30-Sprout)</i> 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7-8pm- Elements Kickboxing <i>(CLOSED)</i> *NEW CLASS*	2 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball <i>(CLOSED)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 6-7pm- Comm. Yoga <i>(FREE- Spons. by SPH)</i> *1st of 5 classes* 7:30-9:30- Adult/HS Futsal	3 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 1:45-2:45- Beg. Zumba w/ Maria <i>(\$5 class)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	4 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-5:15- Elements After-School Youth Kickboxing <i>(CLOSED)</i> *NEW KIDS CLASS!* 5:15-6:15- Zumba w/ Gretchen <i>(\$6- 14+)</i> 6:30-7:30pm- HUFC Futsal Games <i>(CLOSED)</i> 7:30-9:30- Adult/HS Futsal	5 9am-1pm Rotary Fair 9-10am- Fitness Kickboxing <i>(\$3 - 16+)</i> 10:30-12pm- Child/Parent Playgroup 12:30-2:30pm- Private Party Rental Space <i>(RESERVED)</i> 4:30-9:30pm- "Let's Dance the Floor Away!" Zumba & Contra Dance Floor Fundraiser	6 10am-12- Pickleball 12:15-2:15- Private Party Rental Space <i>(RESERVED)</i> 2:30-6pm- HUFC Futsal Games <i>(CLOSED - wk 4 of 6)</i> 6:30-8:30- Adult/HS Futsal
7 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers <i>(basketball - ages 5-8)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 5:30-7:15- Badminton & Disc Golf Putting <i>(14+)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	8 Election Day! 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup <i>(10:30-11:30-Sprout)</i> 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 1:30-5pm- Open Gym *EXTENDED TIME FOR ELECTION DAY* 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7-8pm- Elements Kickboxing <i>(CLOSED)</i>	9 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball <i>(CLOSED)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 6-7pm- Comm. Yoga <i>(FREE- Spons. by SPH)</i> *2nd of 5 classes* 7:30-9:30- Adult/HS Futsal	10 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 1:45-2:45- Beg. Zumba w/ Maria <i>(\$5 class)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	11 Early Release Day 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:30-3pm- Open Gym *SPECIAL ADDITION!* 3:15-5:15- Elements After-School Youth Kickboxing <i>(CLOSED)</i> 5:15-6:15- Zumba w/ Gretchen <i>(\$6- 14+)</i> 6:30-7:30pm- HUFC Futsal Games <i>(CLOSED)</i> 7:30-9:30- Adult/HS Futsal	12 9-10am- Fitness Kickboxing <i>(\$3 - 16+)</i> *TODAY ONLY-- SPH Wellness Walks will start Sat 12/10!* 10:30-12pm- Child/Parent Playgroup 12:30-2:30pm- Private Party Rental Space <i>(RESERVED)</i> 3:30-5:30pm- Private Party Rental Space <i>(RESERVED)</i>	13 10am-12- Pickleball 12:15-2:15pm- Private Party Rental Space <i>(RESERVED)</i> 2:30-6pm- HUFC Futsal Games <i>(CLOSED - wk 5 of 6)</i> 6:30-8:30- Adult/HS Futsal
14 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers <i>(basketball - ages 5-8)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 5:30-7:15- Badminton & Disc Golf Putting <i>(14+)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	15 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup <i>(10:30-11:30-Sprout)</i> 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7-8pm- Elements Kickboxing <i>(CLOSED)</i>	16 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball <i>(CLOSED)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 6-7pm- Comm. Yoga <i>(FREE- Spons. by SPH)</i> *3rd of 5 classes* 7:30-9:30- Adult/HS Futsal	17 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 1:45-2:45- Beg. Zumba w/ Maria <i>(\$5 class)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	18 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-5:15- Elements After-School Youth Kickboxing <i>(CLOSED)</i> 5:15-6:15- Zumba w/ Gretchen <i>(\$6- 14+)</i> 6:30-7:30pm- HUFC Futsal Games <i>(CLOSED)</i> 7:30-9:30- Adult/HS Futsal	19 9-10am- Fitness Kickboxing <i>(\$3 - 16+)</i> 10:30-12pm- Child/Parent Playgroup 12:30-2:30- Private Party Rental Space <i>(RESERVED)</i> 3:30-5:30pm- Private Party Rental Space <i>(RESERVED)</i>	20 10am-12- Pickleball 12:15-2:15pm- Private Party Rental Space <i>(RESERVED)</i> 2:30-6pm- HUFC Futsal Games <i>(CLOSED - wk 6 of 6)</i> 6:30-8:30- Adult/HS Futsal
21 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers <i>(basketball - ages 5-8)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 5:30-7:15- Badminton & Disc Golf Putting <i>(14+)</i> *NEW - Shared Space* 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	22 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup <i>(10:30-11:30-Sprout)</i> 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7-8pm- Elements Kickboxing <i>(CLOSED)</i>	23 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball <i>(CLOSED)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 6-7pm- Comm. Yoga <i>(FREE- Spons. by SPH)</i> *4th of 5 classes* 7:15-9:30- Adult/HS Futsal *NEW TIME*	24 No School CLOSED - HAPPY THANKSGIVING!	25 No School 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-5:15- Elements After-School Youth Kickboxing <i>(CLOSED)</i> 5:15-6:15- Zumba w/ Gretchen <i>(\$6- 14+)</i> 6:30-8:30- Adult/HS Futsal *NEW TIME*	26 9-10am- Fitness Kickboxing <i>(\$3 - 16+)</i> 10:30-12pm- Child/Parent Playgroup 1-3pm- Private Party Rental Space <i>(RESERVED)</i> 4-6pm- Private Party Rental Space <i>(RESERVED)</i>	27 10am-12- Pickleball 4-6pm- Private Party Rental Space 6:30-8:30- Adult/HS Futsal
28 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers <i>(basketball - ages 5-8)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 5:30-7:15- Badminton & Disc Golf Putting <i>(14+)</i> 7:30-9pm- Ultimate Frisbee <i>(12+)</i>	29 8:30-9:45am- Walk 10-11:30- Child/Parent Playgroup <i>(10:30-11:30-Sprout)</i> 12-1:30- Connections Gym Time <i>(CLOSED/FREE)</i> 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp <i>(kids OK)</i> 7-8pm- Elements Kickboxing <i>(CLOSED)</i>	30 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball <i>(CLOSED)</i> 4:15-5:15- Kachemak Running Club <i>(CLOSED)</i> 6-7pm- Comm. Yoga <i>(FREE- Spons. by SPH)</i> *Last of 5 classes* 7:15-9:30- Adult/HS Futsal *NEW TIME*	Additional Info: As of 3/6/22, masks are optional! Due to insurance reasons, effective 3/28, roller skating is no longer allowed in our facility! GOOD NEWS - we are looking into bringing it back early '23!!			 sparchomer@gmail.com -- 907-299-5115 www.sparchomer.org 600 Sterling Hwy, Homer (PO Box 698)

(Last updated 10/30/22)