

NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>OCT 31 HAPPY HALLOWEEN! 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers (basketball - ages 5-8) 4:15-5:15- Kachemak Running Club (PRIVATE) 5:30-7:15- Badminton & Disc Golf Putting (14+) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>1 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup (10:30-11:30-Sprout) 12-1:30- Connections Gym Time (FREE) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7-8pm- Elements Kickboxing (PRIVATE-Enroll @ class w/ Ian) *NEW CLASS*</p>	<p>2 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball (PRIVATE) 4:15-5:15- Kachemak Running Club (PRIVATE) 6-7pm- Comm. Yoga (FREE- Spons. by SPH) *1st of 5 classes* 7:30-9:30- Adult/HS Futsal</p>	<p>3 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup 12-1:30- Connections Gym Time (FREE) 1:45-2:45- Beg. Zumba w/ Maria (\$5 class) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>4 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-5:15- Elements Youth Kickboxing (PRIVATE-Enroll @ class) *NEW KIDS CLASS!* 5:15-6:15- Zumba w/ Gretchen (\$6-14+) 6:30-7:30pm- HUFC Futsal Games (PRIVATE) 7:30-9:30- Adult/HS Futsal</p>	<p>5 9am-1pm Rotary Fair 9-10am- Fitness Kickboxing (\$3 - 16+) 10:30-12pm- Child/ Parent Playgroup 12:30-2:30pm- Private Party Rental Space (RESERVED) 4:30-9:30pm- "Let's Dance the Floor Away!" Zumba & Contra Dance Floor Fundraiser</p>	<p>6 10am-12- Pickleball 12:15-2:15- Private Party Rental Space (RESERVED) 2:30-6pm- HUFC Futsal Games (PRIVATE- wk 4 of 6) 6:30-8:30- Adult/ HS Futsal</p>	
<p>7 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers (basketball - ages 5-8) 4:15-5:15- Kachemak Running Club (PRIVATE) 5:30-7:15- Badminton & Disc Golf Putting (14+) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>8 Election Day! 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup 12-1:30- Connections Gym Time (FREE) 1:30-5pm- Open Gym *EXTENDED TIME FOR ELECTION DAY* 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7-8pm- Elements Kickboxing (PRIVATE-Enroll @ class w/ Ian)</p>	<p>9 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball (PRIVATE) 4:15-5:15- Kachemak Running Club (PRIVATE) 6-7pm- Comm. Yoga (FREE- Spons. by SPH) *2nd of 5 classes* 7:30-9:30- Adult/HS Futsal</p>	<p>10 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup 12-1:30- Connections Gym Time (FREE) 1:45-2:45- Beg. Zumba w/ Maria (\$5 class) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>11 Early Release Day 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:30-3pm- Open Gym *SPECIAL ADDITION!* 3:15-5:15- Elements Youth Kickboxing (PRIVATE - Enroll @ class) 5:15-6:15- Zumba w/ Gretchen (\$6-14+) 6:30-7:30pm- HUFC Futsal Games (PRIVATE) 7:30-9:30- Adult/HS Futsal</p>	<p>12 9-10am- Fitness Kickboxing (\$3 - 16+) *TODAY ONLY -- SPH Wellness Walks will start Sat 12/10!* 10:30-12pm- Child/ Parent Playgroup 12:30-2:30pm- Private Party Rental Space (RESERVED) 3:30-5:30pm- Private Party Rental Space (RESERVED)</p>	<p>13 10am-12- Pickleball 12:15-2:15pm- Private Party Rental Space (RESERVED) 2:30-6pm- HUFC Futsal Games (PRIVATE- wk 5 of 6) 6:30-8:30- Adult/ HS Futsal</p>	
<p>14 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers (basketball - ages 5-8) 4:15-5:15- Kachemak Running Club (PRIVATE) 5:30-7:15- Badminton & Disc Golf Putting (14+) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>15 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup (10:30-11:30-Sprout) 12-1:30- Connections Gym Time (FREE) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7-8pm- Elements Kickboxing (PRIVATE-Enroll @ class w/ Ian)</p>	<p>16 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball (PRIVATE) 4:15-5:15- Kachemak Running Club (PRIVATE) 6-7pm- Comm. Yoga (FREE- Spons. by SPH) *3rd of 5 classes* 7:30-9:30- Adult/HS Futsal</p>	<p>17 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup 12-1:30- Connections Gym Time (FREE) 1:45-2:45- Beg. Zumba w/ Maria (\$5 class) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>18 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:30-3- Private Rental 3:15-5:15- Elements Youth Kickboxing (PRIVATE - Enroll @ class) 5:15-6:15- Zumba w/ Gretchen (\$6-14+) 6:30-7:30pm- HUFC Futsal Games (PRIVATE) 7:30-9:30- Adult/HS Futsal</p>	<p>19 9-10am- Fitness Kickboxing (\$3 - 16+) 10:30-12pm- Child/ Parent Playgroup 12:30-2:30- Private Party Rental Space (RESERVED) 3:30-5:30pm- Private Party Rental Space (RESERVED)</p>	<p>20 10am-12- Pickleball 12:15-2:15pm- Private Party Rental Space (RESERVED) 2:30-6pm- HUFC Futsal Games (PRIVATE- wk 6 of 6) 6:30-8:30- Adult/ HS Futsal</p>	
<p>21 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers (basketball - ages 5-8) 4:15-5:15- Kachemak Running Club (PRIVATE) 5:30-7:15- Badminton & Disc Golf Putting (14+) *NEW - Shared Space* 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>22 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup 12-1:30- Connections Gym Time (FREE) 1:30-2:30pm- WHE 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7-8pm- Elements Kickboxing (PRIVATE-Enroll @ class w/ Ian)</p>	<p>23 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball (PRIVATE) 4:15-5:15- Kachemak Running Club (PRIVATE) 6-7pm- Comm. Yoga (FREE- Spons. by SPH) *4th of 5 classes* 7:15-9:30- Adult/HS Futsal *NEW TIME*</p>	<p>24 No School CLOSED - HAPPY THANKSGIVING!</p>	<p>25 No School 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-5:15- Elements Youth Kickboxing (PRIVATE - Enroll @ class) 5:15-6:15- Zumba w/ Gretchen (\$6-14+) 6:30-8:30- Adult/HS Futsal *NEW TIME*</p>	<p>26 9-10am- Fitness Kickboxing (\$3 - 16+) 10:30-12pm- Child/ Parent Playgroup 1-3pm- Private Party Rental Space (RESERVED) 4-6pm- Private Party Rental Space (RESERVED)</p>	<p>27 10am-12- Pickleball 1-3pm- Private Party Rental Space (RESERVED) 6:30-8:30- Adult/ HS Futsal</p>	
<p>28 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 3:15-4pm- Lil' Dribblers (basketball - ages 5-8) 4:15-5:15- Kachemak Running Club (PRIVATE) 5:30-7:15- Badminton & Disc Golf Putting (14+) 7:30-9pm- Ultimate Frisbee (12+)</p>	<p>29 8:30-9:45am- Walk 10-11:30- Child/ Parent Playgroup (10:30-11:30-Sprout) 12-1:30- Connections Gym Time (FREE) 3-5pm- Open Gym 5:30-6:30pm- Heidi's Booty Camp (kids OK) 7-8pm- Elements Kickboxing (PRIVATE-Enroll @ class w/ Ian)</p>	<p>30 8:30-9:45am- Walk 10-12pm- Pickleball 12:15-1:30pm- Walk 1:45-2:45pm- PRIDE Basketball (PRIVATE) 4:15-5:15- Kachemak Running Club (PRIVATE) 6-7pm- Comm. Yoga (FREE- Spons. by SPH) *Last of 5 classes* 7:15-9:30- Adult/HS Futsal *NEW TIME*</p>	<p>Additional Info: As of 3/6/22, masks are optional! Due to insurance reasons, effective 3/28, roller skating is no longer allowed in our facility! GOOD NEWS - we are looking into bringing it back early '23!!</p>			<div style="text-align: center;">  <p>sparchomer@gmail.com -- 907-299-5115 www.sparchomer.org 600 Sterling Hwy, Homer (PO Box 698)</p> </div>	